

Personal Project

	TOPIC		TITLE OF THE DOCUMENT	
01	What really matters to me?	Case	Now What?	Erikson, Erik H., <i>Identity: Youth and Crisis</i> , W. W. Norton, 1968.
		Note	Life as a personal project	James, William, "The Gospel of Relaxation" in <i>The Moral Equivalent of War and Other Essays</i> , Harper & Row Torchbook Edition, 1971. This interesting essay can be found in several anthologies of James's writings or on the Internet. Pieper, Josef, <i>The Four Cardinal Virtues</i> , University of Notre Dame Press, paperback edition 1966. This excellent volume comprises four brief treatises which were originally published separately.
02	Freedom and responsibility	Case	Delayed launch	Budziszewski, J., <i>What We Can't Not Know</i> , Ignatius Press, 2001.
		Note	What is freedom?	Critchley, Simon, <i>Continental Philosophy</i> , Oxford University Press, 2001. Lewis, C. S., <i>The Abolition of Man</i> , HarperCollins edition, 2001. Maritain, Jacques, <i>An Introduction to the Basic Problems of Moral Philosophy</i> , Magi Books, 1990 (original French version 1950). Pinckaers, Servais, <i>Morality: The Catholic View</i> , St. Augustine's Press, 2001 (original French version 1991). Rice, Charles, <i>50 Questions on Natural Law: What it is and Why we need it</i> , Ignatius Press, 1999. Wojtyla, Karol, <i>Love and Responsibility</i> , HarperCollins, 1994.
03	Friendship and work	Case	Let's be reasonable	Flanagan, Caitlin, <i>To Hell With All That: Loving and Loathing Our Inner Housewife</i> , Back Bay Books, 2011.
		Note	Work and marriage	Hymowitz, Kay S., <i>Manning Up: How the Rise of Women has Turned Men into Boys</i> , Basic Books, 2011. Waite, Linda and Gallagher, Maggie, <i>The Case for Marriage</i> , Random House, 2000.
04	Affective life and emotional intelligence	Case	One step at a time	Fukuyama, Francis, <i>The Great Disruption: Human Nature and the Reconstitution of Social Order</i> , Free Press, 2000.
		Note	Courtship and marriage	Hymowitz, Kay S., <i>Manning Up: How the Rise of Women has Turned Men into Boys</i> , Basic Books, 2012. Kass, Leon R., "The End of Courtship", <i>The Public Interest</i> , Number 126, Winter 1997. Murray, Charles, "Rules for a Happy Life", <i>The Wall Street Journal</i> , March 29, 2014.

				<p>McManus, Mike and Harriet, <i>Living Together: Myths, Risks & Answers</i>, Howard Books, Simon & Schuster, 2008.</p> <p>Tiger, Lionel, <i>The Decline of the Male</i>, St. Martin's Press, 2000.</p> <p>Whitehead, Barbara Dafoe, <i>Why There are No Good Men Left: The Romantic Plight of the New Single Woman</i>, Broadway Books, 2003.</p> <p>Wilson, James Q., <i>The Marriage Problem: How Our Culture has Weakened Families</i>, HarperCollins, 2002.</p>
05	Modern Love	Case	Modern love	Burke, Cormac, <i>Covenanted Happiness</i> , Ignatius Press, 1990.
		Note	Married love	<p>Chapman, Gary, <i>Things I Wish I had Known Before We Got Married</i>, Northfield Publishing, New Edition, 2010.</p> <p>Pieper, Josef, <i>Faith Hope Love</i>, Ignatius Press, 1997.</p> <p>Scruton, Roger, "Becoming a Family", in Magnet, Myron, ed., <i>Modern Sex: Liberation and Its Discontents</i>, Ivan R. Dee, 2001.</p>
06	Communication Techniques	Case	What language are we speaking?	<p>Covey, Stephen R., <i>The 7 Habits of Highly Effective People</i>, Free Press, Revised Edition, 2004.</p> <p>Gottman, John, <i>The Seven Principles for Making Marriage Work</i>, Harmony, rev. ed., 2015</p> <p>Newman, John Henry, <i>The Idea of a University</i>, University of Notre Dame Press, 1982.</p>
		Note	Communication in personal relationships	<p>Pascal, Blaise, <i>Pensées</i> (Thoughts), Penguin Classics, Reissue, 1995.</p> <p>Pieper, Josef, <i>A Brief Reader on the Virtues of the Human Heart</i>, Ignatius Press, 1991.</p> <p>Tannen, Deborah, <i>You Just Don't Understand: Men and Women in Conversation</i>, William Morrow, paperback edition, 2007.</p>
07	Spiritual growth: be better to love better	Case	Break glass in case of emergency	
		Note	The transcendent dimension of the Human Person	